

CYCLING

The smart way to travel

No fuel tank, no emissions!

Worried about traffic?

Take quiet back streets, ask another rider for some route tips. Ride with someone, it's a great social way to travel and you are more visible.

No place to store a bike at home or office?

There are some great fold up bikes available that take up little space.

How to transport your gear?

There are some savvy options available to carry gear on bikes: backpacks, baskets, racks & trailers.

Too far to travel?

It's surprising how far you can travel on a bike. A 10km bike trip will take about 30 minutes. You can also combine cycling with public transport by riding to the station or bus stop.



For more tips visit:
www.rideabike.com.au

News

Bra-power

Yuko Ishida shows off the "Photovoltaic-powered Bra", which has a solar power panel designed to recharge the battery of a mobile phone or iPod, at the headquarters of lingerie company Triumph in Tokyo. The eco-friendly bra comes with pads designed to hold water, like mini drink bottles, to reduce the use of cans and plastic bottles. — AFP



Spish splash splash online

Learning about water has never been so fun, thanks to an interactive educational website developed for children by staff and students at Swinburne University of Technology in Melbourne.

Using games, quizzes and animation, the site teaches youngsters about how to save water around the home. Check out the Webby Award-honoured site at www.missionh2o.com.au.



Naples riots over gathering waste

Residents of Naples have reached boiling point, rioting over their government's inability to properly manage the waste collection of the southern Italian city. Fed up with the stench from months of uncollected rubbish, citizens have used the waste to barricade streets in protest at the long-running crisis.

Some 6,000 tonnes of household rubbish litter the streets of the city, and another 50,000 tonnes line the

roads of the Campania region surrounding Naples.

Scores of stinking rubbish heaps have been set alight, with some residents throwing stones at firefighters responding to the blazes.

The European Commission has launched legal action against Italy over its failure to tackle the waste management mayhem, which has dragged on intermittently for the last 14 years. — AFP

AUSTRALIAN ORGANISATION GREENPLUMBERS IS EXPANDING TO THE UNITED STATES, WITH SUPPORT FROM THE LIKES OF CALIFORNIA GOVERNOR ARNOLD SCHWARZENEGGER. A COLLECTIVE OF WATER SAVING EXPERTS, THE GREENPLUMBERS WILL NOW TRAIN 4,000 PLUMBERS ACROSS THE US.



Congratulations to Jamie Durie on winning the gold medal at Chelsea Flower Show in London, for his all-Australian-native creation. (It's one of the most prestigious garden expos in the world.)

ECO-LINGO SCUPPIES

First there were hippies. Then preppies. And the Gen X yuppies. Now the green movement has emblazoned popular culture with its own icon: the 'scuppie'.

A scuppie ("socially conscious upwardly mobile person") is someone who desires all the best life can offer - much like a yuppie - but strives for those goals in a socially conscious manner.

The Scuppie Handbook: A Practical Guide to Living Well While Doing Good is due out at Christmas this year. The author, Chuck Failla, from the East Coast of the US, claims to be the original scuppie. And he might well be: the scuppie concept struck him as he was doing pro-bono work for a homeless organisation while wearing an Armani suit and a Rolex watch. Of course, 10 per cent of the profits from the book will go to charity, he says.

According to his official website, a scuppie is "one who understands the love of money does not preclude the love of nature ... and vice-versa". So stick a "my other car is a bicycle" bumper sticker on your Lexus, admit Angelina Jolie is your hero because she is socially conscious *and* hot, and make the world a better place ... while being comfortable, well-fed and stylish.

For more information, visit www.scuppie.com. — Jacqui Hayes

Bare essentials

Wearing nothing but revealing aprons reading "Ask me why I'm naked", employees of the Lush Fresh Handmade Cosmetics stores across Australia and New Zealand urge shoppers to go 'naked' by purchasing the latest range of goods that don't have any packaging.



6 & 9 Litre Bucket Set



Basic Power Timer



Enviro Tips



Digital Shower Timer

what we do, what we say and how we act can cause a ripple in our community. Help yourself, teach a friend or educate your children. It will all make a difference. It will all create a ripple.

ripple
PRODUCTS

www.rippleproducts.com